



Build new skills with a **FREE Senior Planet class**

Learn how to use technology that could enhance your life with **Senior Planet®** from AARP! Join us for one, two, or all three of these free classes in June!



Build new skills with a Senior Planet class

Join us to learn how these apps could enhance your life!

Food Delivery Apps

Friday, June 2 | 10:30 – 11:30 a.m.

Mindfulness Apps

Friday, June 9 | 10:30 – 11:30 a.m.

Digital Storytelling

Friday, June 16 | 10:30 – 11:30 a.m.

The Wellness Center for Older Adults (WCOA)

4027B Olley Lane, Fairfax, VA 22033

For more information and to register for a class, visit events.aarp.org/VAWCOA or call toll free 1-877-926-8300.



AARP Virginia

901 E. Byrd Street, Suite 1005
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Senior Planet from AARP delivers award-winning training programs that are designed to help older adults understand and effectively use technology to improve their health, make new friendships, save money, and advocate in their communities. Learn more on seniorplanet.org.