



AUTISM BRIDGE TO LEARN AND EMPOWER (ABLE) PROGRAM SOFT SKILLS GROUPS

Together we'll learn about the "unwritten rules" of a workplace and skills that can help you succeed including:

- * How to Make a Good 1st Impression
- * Being a Good Co-Worker
- * Time Management & Organization
- * Self-Advocacy
- * Appropriate v. Inappropriate Workplace Behaviors *...and more!*

Requirements to Participate:

- * Have a diagnosis of autism spectrum disorder (documentation required)
 - * 16 years of age or older
- * Be motivated and willing to participate

Group Days/Times/Locations:

- * 1st and 3rd Tuesdays of Every Month

4-5pm at ServiceSource—10467 White Granite Drive Oakton, VA 22124, Room 262 (directly across elevators on 2nd floor)

- * 1st and 3rd Thursdays of Every Month

6-7pm at Kingstowne Library—6500 Landsdowne Centre Alexandria, VA 22315, Kingstowne Conference Room

For more information or to sign up please contact Theresa Piccolo at (571) 337-9076 or Theresa.Piccolo@servicesource.org

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